FamilyFirst HEALTH

Family First Health makes a difference in the health and quality of life of the people and communities we serve by:

Providing quality, compassionate primary medical and dental care and social services to those who need it most;
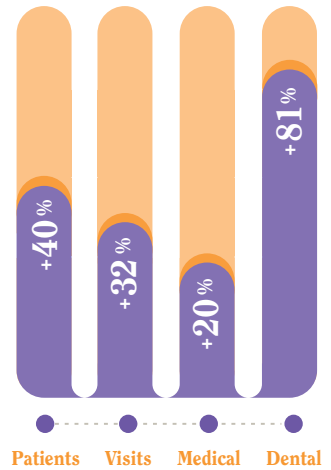
Coordinating care and working with other providers to provide the full range of services our patients need;

Promoting and supporting healthy lifestyles;

Collaborating with others to improve access and break down the barriers of affordability, language and culture; and advocating for our patients and the medically underserved.

Family First Health is proud to offer board certified physicians and mid-level providers of medical, dental and social services. We are conveniently located throughout York and Adams counties with offices in York City, Hanover, Lewisberry and Gettysburg. In 2013, Family First Health was the medical and dental home of choice to 24,076 patients with 70,737 individual visits.

In keeping with our over 40 year commitment to meet the evolving needs of the communities that we serve, Family First Health is currently focused on building capacity to meet growing patient demand while purposefully enhancing the services we offer. In 2014, we are focused on the integration of behavioral health services with primary medical care and providing support to our patients and the community with enrollment in expanding health care coverage options.

% Increase (Since 2006)

+40% Patients
+32% Visits
+20% Medical
+81% Dental

✚ Beyond Health Care

Poor health can be caused by many factors that occur outside the walls of a medical facility, such as poverty, unstable housing, poor nutrition, lack of education, and language barriers. For these reasons, Family First Health offers supportive services that remove barriers to care and improve our patients' health and economic wellbeing.

Dental Outreach includes *"Kids Against Cavities!"* — pediatric mobile outreach to vulnerable children in our community.

Enrollment Services focuses on Patient Navigators who help enroll and educate community members regarding health insurance exchanges and all coverage and benefit options.
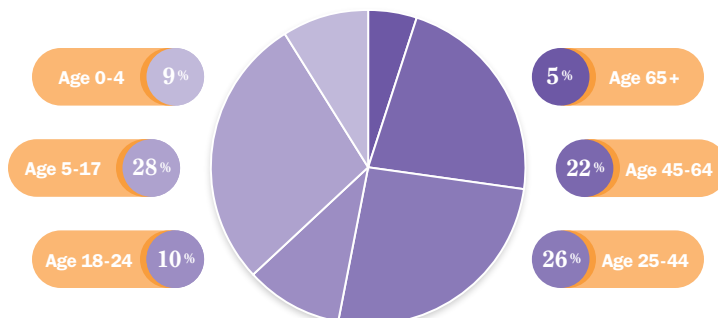
Nurse Family Partnership pairs low-income first time parents with caring nurse home visitors to improve the health and wellbeing of their children and themselves.

Caring Together offers high-quality care for patients who are HIV positive.

⏱ Serving Everyone — Patient Age Distribution *(2013)*

- Age 0-4: 9%
- Age 5-17: 28%
- Age 18-24: 10%
- Age 65+: 5%
- Age 45-64: 22%
- Age 25-44: 26%

Family First Health

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Family First Health's model has proven to be an effective means of overcoming barriers to access for the medically underserved and in doing so, reducing health care costs. Each location is committed to expanding to meet the needs of the communities they serve, designed to treat the whole patient, coordinating care and managing chronic disease, at the same time reducing unnecessary, avoidable health expenditures.