

# COVID POSITIVE OR WAITING FOR TEST RESULTS? WHAT NOW?



## LEBANON COUNTY RESOURCE GUIDE

### IF SOMEONE IN YOUR HOME IS SICK

*Sick or not, this applies to everyone at home.*

#### DO:

- stay at home
- identify a "sick" room
- cover coughs and sneezes
- wash hands frequently
- clean surfaces often
- monitor symptoms
- stay in touch with your doctor

#### DO NOT:

- run errands
- use public transportation
- shop for groceries
- touch your face, nose, or mouth
- share personal items
- allow visitors

### SEEK IMMEDIATE MEDICAL ATTENTION IF:



- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or disorientation
- Bluish lips or face

### FEELING SAD, NERVOUS, OR ANXIOUS? WE ARE HERE TO TALK.

PA Mental Health Support Line, 24/7 at 1-855-284-2494

WellSpan Philhaven, 717-812-5405

Lebanon County Crisis, 717- 274-3363 or Text "PA" to 741741

# LOCAL RESOURCES WITH NO-CONTACT DELIVERY

*If you have been asked to self-isolate, please do not leave your home.*

## Grocery:

- **Aldi, Lebanon County**  
shopaldi.us
- **Giant Direct, Lebanon County**  
www.peapod.com
- **Harper's Produce, Lebanon County**  
717-823-1950
- **Weis Markets, Annville/Palmyra**  
www.weismarkets.com
- **Zweiers, Lebanon County**  
717-450-4010
- **www.instacart.com**
- **www.shipt.com**

## Restaurant:

- **Bella Pizza**  
717-628-8875 - Richland,  
Newmanstown, Shaefferstown
- **Domino's**  
717-277-7000 - Lebanon  
717-970-7000 - Myerstown
- **Just Wing It**  
717-270-9464 - Lebanon  
717-867-9464 - Annville
- **Pucillo's Pizza,**  
717-273-8579 - Lebanon, Richland,  
Cornwall, Myerstown, Cleona
- **Rotunda Brewing**  
717-867-0113 - Annville,  
Cleona, Palmyra
- **doordash.com**

## Pharmacy:

- **www.riteaid.com/pharmacy**  
717-228-2289 - Cleona  
717-273-2281 - Cumberland St.  
717-273-7687 - 9th St.  
717-838-8878 - Palmyra
- **www.cvs.com/pharmacy**  
717-273-9373 - Cumberland St.  
717-274-1463 - Bowman St.  
717-273-7824 - Quentin Rd.  
717-838-8242 - Palmyra

To be added to this list, please email [nicolem@communityhealthcouncil.com](mailto:nicolem@communityhealthcouncil.com)

## FOOD EMERGENCY?

- **Lebanon County Christian Ministries**  
Serving Lebanon County  
717-272-4400
- **The Caring Cupboard**  
Serving Palmyra and Annville Area  
717-838-9493 or [shila@caringcupboard.org](mailto:shila@caringcupboard.org)
- **Joy Food Pantry**  
Serving Northern Lebanon County  
[joypantry.org](http://joypantry.org)

## Neighbors Helping Neighbors

FREE pickup and delivery  
services for residents  
65+ and/or immuno  
compromised

Email:  
[Lebanon@LCBCChurch.com](mailto:Lebanon@LCBCChurch.com)