

COVID POSITIVE OR WAITING FOR TEST RESULTS? WHAT NOW?



YORK COUNTY RESOURCE GUIDE

IF SOMEONE IN YOUR HOME IS SICK

Sick or not, this applies to everyone at home.

DO:

- stay at home
- identify a "sick" room
- cover coughs and sneezes
- wash hands frequently
- clean surfaces often
- monitor symptoms
- stay in touch with your doctor

DO NOT:

- run errands
- use public transportation
- shop for groceries
- touch your face, nose, or mouth
- share personal items
- allow visitors

SEEK IMMEDIATE MEDICAL ATTENTION IF:



- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or disorientation
- Bluish lips or face

FEELING SAD, NERVOUS, OR ANXIOUS? WE ARE HERE TO TALK.

WellSpan/Philhaven: 717-812-5405

WellSpan Crisis Intervention: 717-851-5320

TrueNorth Wellness Crisis Intervention: 1-866-325-0339 or 717-637-7633

LOCAL RESOURCES WITH NO-CONTACT DELIVERY

If you have been asked to self-isolate, please do not leave your home.

Grocery:

- **Aldi**,
shopaldi.us
- **Giant Direct**
www.peapod.com
- **Lidl**
shipt.com/lidl
- **Target**
Shipt.com/Target
- **Weis Markets**
shipt.com/weis-markets
- **PriceRite**
instacart.com/pricerite
- **Walmart Pick-up**
grocery.walmart.com
- **www.instacart.com**

Pharmacy:

- **cvs.com/content/delivery**
717-932-0226 –Old York Rd, New Cumberland
717-235-4618 –S Main St, Shrewsbury
717-244-4501 –Lombard Rd, Red Lion
717-266-2212 –N George St, Manchester
717-292-6665 –Carlisle Rd, Dover
717-634-3141 –Wilson Ave, Hanover
717-637-5228 –Carlisle St, Hanover
717-755-0462 –Pleasant Valley Rd, York
717-757-6252 –Edgewood Rd, York
717-767-2362 –York Crossing Dr, York
717-843-4730 –Richland Ave., York
717-845-1633 –S. Queen Street, York
717-848-6212 – N. George Street, York
- **Minnich's**
minnichspharmacy.com/home-delivery
717-848-2312 –S. George St, York
- **riteaid.com/shop**
717-266-6609 –N George Street, Manchester
717-624-8080 –York Rd, New Oxford
717-225-5227 –PA-116, Spring Grove
717-632-5490 –Baltimore St, Hanover
717-632-8833 –Baltimore St, Hanover
717-637-3744 –Eisenhower Dr, Hanover
717-235-6854 –S Main St, Shrewsbury
717-993-2557 –Ballast Ln, Stewartstown
717-244-2919 –W Broadway, Red Lion
717-246-1322 –Cape Horn Rd, Red Lion
717-741-0832 – Leader Heights Road, York
717-840-0204 –E Market St, York
717-854-4432 –W Market St, York
- **Walgreens**
postmates.com/brand/walgreens
717-840-3846 –E Market St, York
717-843-0197 –S Queen St, York
717-767-5322 –Carlisle Rd, Dover

Restaurant:

Check your favorite eateries online to see if they deliver, or use one of the delivery services listed below:

- **doordash.com**
- **Delivery.com (formerly Carryout Courier)**
- **grubhub.com**
- **Ubereats.com**

Food Pantries

Call for Appointment

To find a food pantry for emergency food to prevent hunger, search by zip code on the Central Pennsylvania Food Bank's website www.Centralpafoodbank.org or call their helpline: 1-877-999-5964, Mon. – Fri. from 8 a.m. – 4 p.m. (Se habla Español).

You can also call 2-1-1, 24 hours a day, 7 days a week.

No Appointment Needed

York County Food Bank Drive-Thru Emergency Food Distribution
East York Emergency Food Hub, 1094 Haines Rd., York PA 17402
Tuesdays 3:00-6:00 p.m.

Tips to help you get what you need without leaving home:

Plan ahead: Due to high demand, grocery store orders may be delayed, so plan ahead and place orders in advance.

Ask a friend: If you need something urgently, ask a friend to pick up. When they deliver, they should leave the item(s) at your door so there is no direct contact.